



Health and Wellness  
Healthy Relationships Subcommittee

**The PPSD Healthy Relationships Subcommittee strives to help PPSD improve the health of students, deliver exemplary sexual health education, and raise awareness and understanding about inclusivity; positive, violence-free relationships; and safe, supportive environments for all students and staff.**

- The PPSD Healthy Relationships Subcommittee is one of the 3 subcommittees that comprise the district Health and Wellness Committee. All RI school districts are required by [RI state law \(16-21-28\)](#) to establish a district wellness committee as a subcommittee of the full school committee (school board).
- District wellness committees are chaired by a member of the full school committee and will make recommendations regarding the district's health curriculum and instruction, physical education curriculum and instruction, and nutrition and physical activity policies to decrease obesity and enhance the health and well-being of students and employees.

**2019-2020 PPSD Healthy Relationships Subcommittee Goals**

- 1) Define, communicate and build awareness about Healthy Relationships Subcommittee and the work the Subcommittee is involved with or promotes.
- 2) Increase the presence and engagement of stakeholders, including Health teachers, parents, families, students, and school/district administrators.

**MINUTES -DRAFT**

**Health and Wellness Healthy Relationships Subcommittee Meeting**

Planned Parenthood, 175 Broad Street, Providence

**December 12, 2019**

**CONVENE MEETING**

1. The meeting was called to order at 4:02 PM

Subcommittee Members Present: Co-Chair Krista D'Amico (RICADV), Co-Chair Jennifer Quigley-Harris (PASA & RIHSC), Lisa Hoopis (Sojourner House), Brittany Huffman (PPSNE), Thomas Thomaidis (Sodexo), Solight Sou (PPSD), Bobby Gondola (School Board)

**APPROVE AGENDA**

2. Approve Agenda as presented

**A motion was made to approve the agenda as presented**

**MSV – Huffman, Hoopis (7-0) MOTION APPROVED**

### APPROVE MINUTES

3. Approval of June Minutes – September 12, 2019  
**A motion was made to approve the minutes**  
**MSV – Huffman, Hoopis (7-0) MOTION APPROVED**

### SUBCOMMITTEE UPDATES

4. Welcome and introductions
5. Resource Guide updates  
Distribution of cards to youth-serving community organizations underway in partnership with City of Providence Healthy Communities Office. Several organizations have requested cards, including Youth Pride, Girl Scouts, Meeting Street, RISD Project Open Door, and Providence Housing Authority. Subcommittee members are also continuing to distribute to appropriate audiences.

### PLANNING

6. Discuss Subcommittee Co-Chair transition  
Bobby thanked Jennifer and Krista for their Co-Chair leadership and service. Thanked Subcommittee as a whole for their innovation and dedication to an important subset of Health and Wellness for PPSD students. Subcommittee should be very proud of youth voice on Subcommittee, production and distribution of Resource Guide, drafting of Wellness Policy amendment, and working together to continue to raise and address issues related to sexual and reproductive health education and access to resources for all PPSD students K-12. Work of Subcommittee will continue. There will be a transition to find 2 new Co-Chairs – would like to have one external community organization/ member and one internal PPSD staff member from any school or department
7. Announcements  
Jennifer shared about a professional development workshop that RI Healthy Schools Coalition conducted in November for members of the RI Association of School Committees. The goal of the workshop was to provide context and guidance to school committee members on the topic of adolescent sexual health (ASH) and its importance to students' overall health and success in school and life. RIHSC developed the ASH assessment tool for school districts. More information can be found at <https://www.rihsc.org/ash-workshop-for-riasc.html>

Next meeting TBD. Solight and Bobby will work on outreach to potential new Subcommittee leadership

### ADJOURN

8. Adjourn Meeting  
**A motion was made to adjourn the meeting at 4:55 PM**  
**MSV – Huffman, Thomaidis (7-0) MOTION APPROVED**